

SEDGEFIELD NEWS

Produced by volunteers for the people of Sedgefield, Bradbury, Mordon and Fishburn

May 2020

Deadline for next edition: Friday 15th May

STOP PRESS! We now have permission to announce that our new garden will be at **Sedgefield Primary School!** We will work in partnership with them and have use of their land, greenhouse and raised beds to grow our produce to support the community. I'm thrilled and excited about our Market Garden (Sedgefield) C.I.C. project. It will help so many of us. Carole.

An update from Carole Lawford & Honey.

We're back! Since I last wrote, I've been having treatment for my MS and have moved into one of the beautiful adapted properties in Caden Court. Named after Father Caden of this parish I'm told; some history in the new. I wish I could promise you a COVID 19 free zone, but it's bounced us into a new direction with the Market Garden project and I am excited to share it. The location we were hoping for is now not available and we thought we were on hold, but as things progressed, I realised we may be needed more than ever.

So I've started to sow the seeds we have (as it happens, they were with me when lockdown began) but my committed colleagues will join in when they can. I'm not in this alone, and am grateful for the support and advice I've had.

Honey has adapted too; having her first season in isolation, she is enjoying regular walks from our kind neighbours who take her on their daily exercise trips. Thank you, Harry, Simon, Jim & family who answered my call on FB and practise social distancing to keep us safe. Honey is learning passers-by don't need to be greeted with a bark. She'll get there! Our plan is to grow produce from the seeds and kind donations we've received, to support residents of Sedgefield and surrounding areas - those who are furloughed, isolated through disability or age, low income and impacted.

Thank you to Sedgefield Community College for the compost and plants donated; I'm sure we will work together when the time is right; and to those who left plant pots as a response to my Facebook plea. We have had more seeds, a greenhouse, compost and wheelbarrow added to our list.

We are a social enterprise, here to help each other and support those who need us. Nobody is paid, and all profits will go to the local community through projects like this one. Supported by Durham County Council & the Area Action Partnerships, we are applying for community funding to set up a market garden. Once the isolation

restrictions are lifted, we'll welcome volunteers to join us and tend to our produce, help put things together and in turn help each other through our new normal, whatever that will be. It's tough now for many of us; but please keep going, stay home, respect the restrictions and look after each other and our amazing NHS. We can do this, so let's be proud, set the right tone in our neighbourhoods, to our young people and children, just as I'm seeing so far. As a society we will change, we'll lose jobs, businesses, airlines, etc. and live a simpler life, supporting local producers who are delivering where they can and adapting their lives and businesses. Thank you to them all. I am certain that there will be new jobs, new businesses set up everywhere by people like us that will meet new demands as we all adapt. It is happening already; we're seeing it in the news, and it will continue.

If you're finding the news difficult to watch, try again, and watch for the communities coming together, clapping for our NHS, carers and all essential workers; for restaurants and food outlets adapting and delivering; schools and factories making protective face masks and people sewing scrubs & wash bags.



The race for a vaccine is on right here at NETPark. The good is out there, we just need to focus on it. So thank you for the small things, a wave, a passing chat; for collecting a neighbour's prescription, shopping for them along with your own, walking their dog, respecting the 2 metre distance and helping others do it if they forget - generally being the wonderful community that is the Sedgefield area.

Lastly, some ideas if you would like to help our project. Make a bug hotel - any size, any materials, add your name so we know it's yours. We would love a scarecrow, child or adult size, cute as a button, creative. All will be cherished and shared.

If you work with wood, a birdhouse/cottage/treehouse/rocket? Do make it safe for both wildlife & people!

Feel free to get in touch at carole.lawford1@btinternet.com

Can you sew? For The Love Of Scrubs, Our NHS Needs You.

Volunteers are needed to make Scrubs for health care workers looking after our nearest and dearest. A simple pattern and some free fabric is available. Help is needed urgently. If you can't sew, could you donate clean, plain cotton or poly-cotton bedding? Please drop it off in a sealed bag at Sedgefield Co-op. For further information, contact Beth and Alex on 01740 623557. Thank you.

GREENER SEDGEFIELD

With us all being forced temporarily to abandon our normal daily lives some impressive changes have already been noticed. Fish have been spotted in rivers which were thought to be too polluted, air quality has improved, and reports of drastically lowered CO2 levels have been making headlines. It's difficult to predict how long lasting these improvements are and how quickly human activity will make up the carbon emissions currently withheld, only time will tell. But what can we as individuals learn from the current situation? What positive changes can we take from it that we can implement to our lives after the crisis?

With supermarket shelves emptier than normal, our access to shopping limited and the financial strain many families are under, there has been an impact on our food consumption. Maybe we have become little bit more careful with our food planning and preparation, cooking only what we need and resourcefully using up our left overs. Lack of flour and yeast in the shops show that many of us have already taken up home baking, a skill to be proud of - why not stick to it in the future? Maybe a few more of us have also considered growing our own, be it a few potatoes, some strawberries or even just a few pots of herbs on the window sill.

With everything closed and nowhere to go, maybe a few more of us have worn certain items of our clothing for a bit longer than we'd normally have done and not felt the need to upgrade our wardrobes for more fashionable items. Hopefully some who couldn't stitch or sew before have picked up a needle and thread to sew a button or put a patch on the knees of children's jogging bottoms, which don't need to be perfect anyway if the children are playing only in the back garden. If we can also keep doing these small things in the future we can considerably limit the negative impact that fashion industry has on our environment.

Maybe the time we have had to spend in our own houses and gardens has also given us a chance to learn new ways of spending quality time, be it gardening, reading or a new craft skill we have learned, so perhaps by the time we will finally regain our freedom we will think twice before jumping into our cars to travel unnecessary distances in a search for entertainment. After all, individual small changes will mount up to big changes on a bigger scale.

Hopefully, when all this ends, we will come out stronger, wiser, more resourceful and also more sustainable. Stay safe everyone!



Ceddesfeld Hall, Home of Sedgefield Community Association

As you know, Ceddesfeld Hall has now been closed for a few weeks, but in true Sedgefield tradition, community links and spirit remain strong, and members find new, interesting ways of keeping in touch.

The groups provide much needed support and friendship for each other during these challenging times. Some examples follow here and on the Arts page, and we will bring more next month.

Sedgefield Twinning Association stay in touch through Facebook and website (www.sedgefieldtwinningassociation.org.uk), which provides background information as well as updates on social activities to look forward to at the other side of the pandemic! Unfortunately, the Germans' visit to Sedgefield has been deferred, but meantime, members are staying in touch with German friends. The German conversation group meets virtually on Thursday evenings; if anyone would like to join in please get in touch via Facebook or the website. When Ceddesfeld opens again, STA would like to get in touch with other groups across Sedgefield to see if they might be interested in building stronger links with their Hamminkeln counterparts. It has been hugely rewarding and fun for those who have been involved so far!

Ceddesfeld Art Group are making use of their time at home creatively and continue to chat on-line when possible.

Ceddesfeld Hall Pop-in members are doing well and are being looked after. Wendy Rowley and team are in regular contact with members via telephone. Everyone is looking forward to getting back to normal and to Ceddesfeld.

Sedgefield Local History Society has put plans to commemorate VE Day (Fri 8th May) on hold, but they have made valuable connections with people who agreed to be interviewed by Sedgefield Community College students, to share wartime memories and stories which would have been incorporated into St Edmund's service of celebration, opening the a weekend planned for the newly created Bank Holiday. Let's say it's postponed rather than cancelled, and if you feel inclined, put a flag in the window in honour of our forebears' bravery and determination during those testing times. A lesson to us all.

The SCA Trustees keep in touch via email and the hall is checked regularly. It was thoroughly cleaned after lock down and drains in the car park have recently been repaired. The grounds look beautiful, thanks to **Sedgefield Bloomers!** More at www.sedgefieldsca.org.uk or [Facebook.com/Ceddesfeld](https://www.facebook.com/Ceddesfeld)

Capture the Spirit !

Local photographers are being invited to test their creative skills by capturing images depicting 'the spirit of Sedgefield'.

The photographs could be used in the 2021 calendar planned by Friends of St Edmund's Church.

Membership secretary Brian Mutch said "We're looking for pictures showing more than the local beauty spots and events we have featured in the past two years. We'd like to see interpretative shots depicting aspects of life that make our town the special place it is."

Entries in colour or monochrome and suitable for use in the slimline, month-by-month calendar.

Opportunities to get out to take pictures may be restricted at the moment because of the coronavirus, but people might welcome the chance to look for unusual subjects whilst out on the permitted daily exercise walks.

Brian would be happy to provide further information on 622302.

You can send hard copies to Brian at 6 Hasledon Grove, Sedgefield, TS21 2JW or email your entries to bmutch@btconnect.com.

Sedgefield News from the past

by *Martin F Peagam*

In 1918 – 102 years ago, Sedgefield was coping with a Pandemic.

The First World War ended with the signing of the Armistice on November 11th. At 25 Front Street, Sedgefield, Mr and Mrs Robinson had hoped that their family could soon be together again. Willie Robinson was with the Machine Guns Corps on the Belgian/German border. His elder brother Richard was with the Royal Army Service Corps in Thessaloniki, Greece.

Just before Christmas, May, their sister, had the sad task of writing to Willie, to inform him that Richard had succumbed to something which was proving much more deadly than the guns and bullets of the trenches.

A global pandemic, the Spanish Flu, spread rapidly, killing indiscriminately. In a world ravaged by war, and in the years prior to the foundation of the NHS in Britain, it wreaked havoc.

The Spanish Flu remains the most deadly pandemic to date. It infected 500 million people, about a quarter of the world's population at the time. The death toll is estimated to have been anywhere from 17 million to 50 million (and possibly as high as 100 million) - an estimated 1% to 3% of the world's population. But there was hope.

By December 1920 the pandemic was over. And life for everyone, including the Robinsons, would return to normal.

Local innovation helps the fight against Covid-19

New technology is being used to connect loved ones and keep staff safe at North Tees and Hartlepool Hospitals. Hospitals across the region are deploying technological solutions to combat the spread of the Coronavirus. Here are a few of the changes taking place at our local hospitals.

Remote observation devices have been installed to reduce Coronavirus contact for front line staff. The devices can automatically take several observations from a patient, including blood pressure, oxygen saturation, and heart rate. The observations are displayed on a central computer allowing one nurse to monitor an entire ward. If any observations move outside safe ranges, a warning alarm is sounded at the central computer.

This solution would normally have taken several months to deploy but it was done in just a few days with local teams and suppliers all pulling together.

High quality video conferencing cameras have been put in place to allow loved ones to talk to patients without putting themselves or others at risk.

To reduce the number of in-person visits, software has been provided to allow community staff to hold virtual visits (where clinically appropriate) with patients using a video link across the internet.

All of these developments help us to fight back against Coronavirus, keep more people safe, and help the heroes at the front line.

Whilst NHS staff are delivering care services directly to Covid-19 patients, thousands of people are working behind the scenes delivering all sorts of services and keeping businesses solvent.



Innovation has come to the fore and individuals, communities and businesses are finding new ways of doing things to adapt and tackle the challenges that we face.

Four businesses based at NETPark are working directly to innovate and develop solutions to tackle different aspects of the pandemic.

- **REPROCELL Europe**, who specialise in tools and products for stem cell and 3D cell culture research, have joined a consortium to develop a vaccine for COVID-19. Dr David Bunton, CEO said: "We are pleased to support an international consortium, led by the Belgian life sciences company eTheRNA, which is developing an RNA-based vaccine."
- Nano-technology manufacturer **Graphene Composites** has been working on a graphene ink that can be applied to face masks and other PPE as a viricide (virus killing) to provide added protection against coronavirus.
- **Stream Bio Ltd** develops and manufactures fluorescent molecular probes used for labelling antibodies. The probes increase the sensitivity of antibody testing, enabling earlier detection. It is hoped that Stream Bio's probes can be used in the fight against COVID-19.
- Biotechnology firm **Kromek Group** is developing a mobile pathogen detection system, to detect biological threats, such as COVID-19.

Janet Todd, NETPark manager at Business Durham, said: 'It's great to see that NETPark companies are looking at innovative ways to fight COVID-19 and proactively seeking out collaborative opportunities.'

Thank you from Skerne Medical Practice

A big thank you goes to patients for understanding and co-operation over the last few weeks. To help with the provision of an excellent service for you and your family they would like to highlight some ways that patients can help.

Prescription ordering online

Patients can register for an online service to order medications from the comfort of their home without the need to visit or call the surgery. Orders will be processed during working hours (8am-6pm) and sent to the local pharmacy. To arrange to use the service, please call your surgery, and one of the Reception Team will be happy to set it up for you. You will receive a unique username and password (please keep them secure). The website is <https://SystemOnline.tpp-uk.com>. There is also an app, **SystemOnline** which can be downloaded on iOS (Apple) or Android devices.



Electronically transferring prescriptions

You can also arrange for the practice to transfer prescriptions to your local pharmacy, so you don't need to make unnecessary journeys. This includes repeat dispensing for patients who are stable on suitable medications. Please allow a little longer than the normal 48 hours for pharmacies to prepare prescriptions during the current lockdown.

Contact Details

It's really important to keep these updated so that you can receive the latest information by text message or email. **If your mobile telephone number or email address has changed, please call the surgery and let them know.**

With your help we can ensure everyone gets the best care possible during these challenging times. Please stay well and safe at home.



Enjoy blooming Sedgefield

Take your permitted walk for exercise around Sedgefield and you'll see evidence of Mother Nature's handiwork everywhere you look. Spring bulbs are popping up everywhere, colourful tubs and troughs, bright flowers at Beacon Lane, alpine beds near the Golden Lion, beautiful gardens in Ceddesfeld Hall grounds, not to mention our rich heritage of mature trees and blossom around the village.

All these and more bear witness to the care and devotion of gardeners past and present and to the strength of Sedgefield's community spirit.

When circumstances change, it would be lovely to put together a display of photographs showing nature's bounty during this difficult time. Please email your pictures to norma@neal.myzen.co.uk.

Keep safe and keep blooming !



Christian Aid Week (10-16 May)

At this time of the year our 50+ volunteer collectors would normally be gearing up to take part in the annual house to house collection here in Sedgefield, Bradbury and Mordon for Christian Aid.

Unfortunately, due to the Covid-19 situation this event cannot now take place. Instead Christian Aid are moving online and are building a vibrant, virtual **Christian Aid Week** so we can all take part.

They would love you to join in to show love for our neighbours near and far. We will put the banners and posters out on display to advertise the week and invite you to make your gift online at **Caweek.org**.

Thank you for your continued support. *David and Margaret Glass*

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Covid19 outbreak. We wish them all well and hope to see them
back in business at the end of this difficult period.

ARTS UPDATE

with Geoff Millichap
email: sedgefieldartsandevents@outlook.com

Appeal for pictures of Sedgefield during Lockdown

During the last few weeks of glorious weather our villages have never looked better. Spring has truly sprung here & the reduction in the number of cars and people, with less noise and increased wildlife, has made isolated walking a beautiful, serene, if slightly eerie experience. To walk the footpaths of Sedgefield during quarantine, in near silence but for birdsong, is a more meditative, reflective experience than normal, and perfect for photos.

With no public arts events due to take place in the region this month I'd like to invite you all to collaborate in our own record of perhaps the strangest Spring we'll ever see, so please submit any photos, poems, drawings or paintings of the area, inspired by the strange times we are living in. This period offers us a unique opportunity to experience our villages on pause, and also affords many of us the additional time and solitude to reflect on it all.

Please send submissions to the page email address, top right. We will compile them to be shared as a document recalling the uncertain months of 2020 when our daily lives were put on hold, rabbits roamed the village and the planes ceased to fly overhead.



Arts in Ceddesfeld Hall

The Sedgefield Players are very disappointed that the Isle of Man festival for 2020 has been cancelled but hope they can attend next year. To keep themselves busy they have been meeting on Zoom (see right) and undertaken a quiz as well as reading through scripts.

The SPYS are working on a musical project that will hopefully be released very soon – watch this space!

Ceddesfeld Ukulele Band

have started a new weekly strum-along, meeting virtually and playing some tunes together. They have created a new YouTube channel called Ukulele Smile Time with strum along videos, so band members can keep practising. If you want to learn to play, you can borrow a ukulele.

Please contact Lol or Maxine at ukulelesmiletime@gmail.com



Sedgefield Players' online rehearsal

Art under Quarantine

Did you know that quarantining due to the plague was common in Elizabethan times? Between 1603 & 1613 the Globe theatre in London was in lockdown approximately 60% of the time.

Shakespeare is believed to have used closure of theatres in 1605-06 as an opportunity to write not only *King Lear*, but *Macbeth* and *Antony & Cleopatra* as well!

Art Sessions with Jilly Johnston

As we all enter the second month of lockdown and the opportunity to enjoy public arts & social engagements seems as far away as ever, the thought of spending another Saturday in the house can seem a gloomy one, especially for those who live alone. How better to pass the time stuck indoors than with a free live face-to-face arts class from the comfort of your own armchair?

Local artist Jilly Johnston is running a project called 'Creative Minds' aimed at fostering creativity & mindfulness, open to any adults or older teenagers with an interest in participating in meditative creative exercises on Saturday mornings.

Artistic talent is not a prerequisite & people of all skill levels are welcomed warmly. To participate in one of the sessions, please get in touch with Jilly on Facebook at 'Jillian Johnston Arts' or via her website.

Jilly has also produced a free illustrated book (see right) called '**Can we go outside to play?**' about lockdown, to read with your children. Available free on the website - jilly-keast.wixsite.com/jillianjohnstonarts.

POET'S CORNER

Feeling The Tension

Corona Virus or COVID-nineteen,
The worst pandemic that we've ever seen.
With Sedgefield in lock-down and most
feeling blue,

As time goes by what more can we do?

Houses all spring cleaned, grass is all cut
A daily walk past shops that are shut.
Folks tap on keyboards and on the phone,
A whole new world, working from home.

Those that are furloughed, a new word for
me,

Stand in a queue to get something for tea.
The two metre rule must get a mention,
As we fill our baskets, feeling the tension.

Social media works overtime, video, chat,
Now self isolation, we're managing that.
When all this is over, it will make us think
How lucky we are, heading out for a drink!

Stay Safe. Richard Fearnside

Confined to Barracks

We were jogging along quite nicely
Then one day it came out of the blue,
A pandemic from China has hit us
Much worse than the seasonal flu
We've all been confined to barracks
No cavorting or mixing, the like,
But hand washing, scrubbing and cleaning
When I'd rather go out on me bike!
We've three or more months of confinement,
All filled with boredom for sure,
The bank balance is going to be healthy,
'Cos we can't go shopping no more!

Mrs Jane Lombard

Going that "eggstra" mile

With rainbow pictures showing huge support for the NHS a similar theme was adopted for the Sedgefield virtual Easter Egg hunt. The community came together on Facebook, posting images of decorated eggs adorning the windows of more than 120 local homes. A band of volunteers, adopting social distancing, delivered eggs to each home. Thanks must go to the Coop, Sainsbury's and John Robinson, who all sponsored eggs. A great example of community spirit. MW.



Can we go
outside to play?

Not Today!

By Jillian Johnston

SEDGEFIELD VILLAGE NEIGHBOURHOOD WATCH

Are You Following Government Advice?

Hopefully by the time you read this the Government will be starting to relax restrictions but if not, then this will not have been helped by those who just can't seem to get the message. Everyone should know what to do by now, it's been publicised enough and you've all had your letter from Boris.

Spot the Odd One Out. On the other hand, the restrictions should make it easy to spot anyone acting suspiciously or knocking on doors. If anyone unexpected knocks on your door, do not answer it and dial 101 to give a description to Police. Under no circumstances give money to a stranger who is offering help to get shopping for you, however 'nice' they may seem. You will not see your money or shopping again.

No Holidays Yet

As we come out of the restrictions there is likely to be a big demand for leisure breaks and NHW have used this downtime to assemble some 'Holiday Packs' for Sedgefield residents. These would include:

- Plug-in segment timers
- TV simulator
- 'Autodialer' internal house alarm with movement sensor & phone connection.
- Mini CCTV camera, recording on a loop to a memory card.
- UV pen to security mark valuables
- Heavy-duty lock for French doors

The Holiday Packs will be available to borrow for the duration of your holiday and will be collected upon your return. Contact details will be published here next month and on our Facebook Page. And finally, Kids Driving You Mad? Download & print colouring pages from Durham Constabulary Facebook Page.

Watch Out for COVID-19 Scams

Buying and Selling: Watch out for scammers exploiting the demand for face masks; test kits and hand sanitisers by selling fake or non-existent products online. Only use sites you trust and be wary of requests to pay by bank transfer. Watch out for deals that look too good to be true – they usually are.

Doorstep Fraud: Unfortunately the vulnerable are being targeted by fraudsters offering to do shopping or odd jobs as mentioned above. Traditionally we answer the door automatically when someone knocks even though you are not obliged to do so. **DON'T ANSWER THE DOOR** unless you have checked first to see if you recognise the caller or they have been invited. If it's a stranger, ignore it and **KEEP YOUR DOOR LOCKED**.

Friends, Relatives and Neighbours – If you know of someone who is vulnerable and may need help, then ring them first to make sure they are OK. Don't go unannounced and knock on the door. If you do go to help them, take precautions to keep them and you safe. Wear a face mask and gloves and use hand sanitiser.

Safe Account Scams: This is when someone claiming to be from your Bank says your account has been compromised and your money must be moved to another account. This is on the increase due to uncertainty created by Covid-19. Please remember – **YOUR BANK WILL NEVER ASK YOU TO MOVE MONEY**.

Pension Scams: Don't panic over your investments or pensions. Martin Lewis (Money Saving Expert) says stay put and ride it out. Due to people's natural fear of financial losses, scammers are claiming they can cut your losses and make you money to recover quickly, if you move your pension fund now. If you are contacted by anyone offering solutions, ignore it, or you will lose ALL of your funds. Sit tight, the markets WILL recover.

NHS Scams: Please be aware that there are HMRC impersonators offering goodwill payments to NHS workers. It's important to never click on links from sources you do not recognise. Are you furloughed? – Your employer will deal with your payments and pay you at the normal time into your usual account. Watch out for scams where HMRC impersonators ask for your bank details. If you have any queries or concerns, always ask your employer.

Lock up, stay safe, and sleep well.

For Local Police, call 101

to report concerns, seek advice or pass on information. Keep notes, ask for an incident number. Information received will be developed & acted upon.

CPO Rona Stocks rona.stocks@durham.pnn.police.uk

Police Community Cohesion Officer Faye Callan

101 Extension 742317: Faye.callan@durham.pnn.police.uk

Confidential email address: John.lamb@durham.pnn.police.uk





Caravan Storage

Safe secure site with electronic gate & security cameras near Sedgefield/ Fishburn. Large plots, hard standings, extra wide roads, good access. Exit close to A1/A19

Please contact 07974 728 307

STEVE'S NATURE DIARY

APRIL 2020

I'm sure, like me, many of you are discovering the wealth of wildlife you can see and hear in your garden or on the many local paths. I am even finding new paths on my daily exercise walks from home.

May is a good time to spend some time watching your garden plants starting to grow and flower, birds are pairing up and looking for food, and insects abound. As birds settle and sit on eggs and bumble bees choose somewhere to make their nest, it is important that with time on our hands we don't over tidy the garden, please leave space for wildlife.

The Wildlife Trusts have resources that may be of interest to people, especially, but not exclusively, those with children, looking for things to do in your garden. From home-made moth trapping to creating a mini-pond, go to www.wildlifewatch.org.uk and their YouTube channel, WildlifeWatchUK.

You can also download a new practical pack "Your Guide to Taking Action for Insects" - a colourful 20-page illustrated guide, packed full of tips, useful info, and links to finding out more. It's aimed at helping individuals and families make simple yet crucial changes to helping insects and will help everyone do their bit in reversing decades of decline for the UK's struggling bees, butterflies, moths, bugs and beetles. It's a free download via www.wildlifetrusts.org/take-action-insects.

Finally, if you had had enough of watching box sets, why not tune into something different and try one of the live web-cams. Take your pick from Ospreys to Shetland puffins to Gateshead's Kittiwakes, below, at www.wildlifetrusts.org/webcams



YOUR LETTERS

Jottings from a bunker

Well, it's ten days into my battle against the deadly coronavirus and already I detect the longing to see another friendly face. (My husband, bless him, is a friendly face, but he too is undergoing self-isolation).

At last I feel I am winning the battle. Long coughing bouts resulting in panic if I feel I can't breathe, complete lack of interest in food, tendency to lose my balance, fluctuating temperatures, some confusion (worse than normal!) are all receding, thank heavens.

It's only when you undergo this kind of isolation that you realise how much pleasure you get each day from greetings from passers-by, the artless prattle of children in coffee-shops, friendly bits of chat with shop assistants and bar staff, smiles from strangers and, as a Bloomer, the encouragement and support from fellow-citizens enjoying the results of your labours. All are temporarily on hold.

I have been very grateful for the phone-calls, texts, and e-mails from neighbours, friends and family, but there is something missing if you don't see people face-to-face.

Skyping comes close but it doesn't quite provide the warmth, the personal communication and the emotion. Soon I will be 'free', at least to stand two metres from other people! I am so looking forward to going out to buy some milk!

I know life will not return to normality for some time, but I do hope we will all have learnt to value better the importance of living in a friendly community like Sedgefield, where people look out for each other and enjoy a joke or a bit of a gossip. A smile is such a precious commodity.

Alison Manning

One man and his dog!



Here's me, Tony Kenny and my little dog, Halle, enjoying Sedgefield News in these testing times. Thank you for keeping the news flowing.

Just what the team needed to hear!
Thanks Tony. Editor

SEDFIELD DEVELOPMENT TRUST NEWS

Working for the people of Sedgefield, Bradbury, Mordon and Fishburn



It's a 'no news' month for the project, so the volunteers have compiled a nature crossword. Answers at www.sedgefieldweb/Woodland & Wildlife or on the facebook page from 1st June



- | Across | Down |
|--|--|
| 1 Mouse like rodent | 1 Helpers from Ulverstone |
| 3 Where bugs like to live - wiped loo | 2 Pig or weed |
| 5 0.405 of a hectare | 4 4 in a year |
| 7 It gives a hoot! | 6 Important habitat which link wildlife areas |
| 9 Tree disease | 7 The King of British trees |
| 11 Acronym of Sedgefield Development Trust | 8 Natural environments of plants and animals |
| 12 Also known as Mountain Ash | 10 Bovine slip |
| 14 A Cinnabar moths favourite plant | 11 40km river that flows through County Durham |
| 15 Goat, Bay, Grey or Crack | 13 A bird you can fly |
| 16 The Queen of British trees | 16 Legally protected mammal |
| 17 Pollinator | |

If you live within walking distance, the woodland & wildlife site is a lovely, tranquil daily exercise route as spring turns to summer. Hope you are all staying safe and well. Enjoy the crossword!

Community spirit is alive in these uncertain times

Residents of Willowdene Care Home were delighted to receive a very special package from the children of Sedgefield Primary School, whose gorgeous pictures & letters really cheered up residents when they received them in the morning post. Angela Penman, activities coordinator at Willowdene, took them round to residents and helped them to read the letters where needed. They pinned pictures and letters onto the residents' doors so they see can them often. Everyone hopes that one day the children can visit for juice & cake, to meet their new friends at Willowdene. "This lovely gesture has had a huge impact on residents. We are so grateful, thank you."



Our email address: news@sedgefielddevelopmenttrust.co.uk

Energy Switch Auction

Register by 18th May

This may be a good time to see if you can save some money!

Registration is very easy and doesn't commit you to, or cost you anything. All you need is a recent energy bill which will have on it all necessary information, then 10 minutes of your time. Register

Online at www.sedgefieldweb/energy-switch or

By Post with help from Peter Burnip on our helpline, **07980 134 594**

Sedgefield Farmers Market

Some Online Traders. Please store this information, or find more by searching on Facebook

Parlour Made Cheese

01740 622255 or email: dairy@parlourmade.co.uk

The Busy Whisk

www.thebusywhisk.co.uk/Desserts/HomeDelivery

Diablo Seasonings

www.diabloseasonings.co.uk/

Rosalind's Larder

rosal09@hotmail.co.uk or Facebook @rosalindslarder

T.Gleadow Fish Merchant.

Facebook message or 01890 750145

Roundhill Brewery

07910 567847 or Facebook @roundhillbrewery

@J & R Armitage

On Facebook or www.armitagesparklingwines.co.uk

Visit www.lovesomeoil.com or call 07866 161322