

Sedgefield News

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By the villagers for the villagers of Sedgefield, Bradbury & Mordon
May 2005

Special Edition

to mark the progress made in a very special place - **Hardwick Park**
It's buzzing with activity and the emerging 18th century parkland and buildings are sure to be a wonderful asset to our area. Follow the story so far in our pullout centre supplement.

Mt Kilimanjaro proves a tricky adversary

On the 12th of March, a group of 14, including Dr Peter Jones and Geoff Hughes from Sedgefield, began a 6 day 60 mile climb to the summit on behalf of the Anthony Nolan Trust. The group was from all walks of life from pub landlady to BA airline pilot and varied in age from 25 -54 with me (Geoff) being the oldest. This is our tale.

Kilimajaro - 19,710 feet high and lies just south of the Equator in Tanzania. **Tanzania** lies entirely within the tropics. It is a relatively stable and safe country to visit but is exceedingly poor and is often quoted as the 3rd poorest country on earth. The area where we were travelling is the richest area of Tanzania, due to coffee plantations and tourism - people like us who set out to conquer 'Kili' little knowing what a challenge it will be!

Day 1 A warm wet and sticky climb to 9000feet through rain forest, then later into cloud forest with many many ferns and mosses and other vegetation unique to the area. The views are few due to forest and mist and sadly, no animals. It rained in the evening but not heavily, although we had to dig trenches round the tents to prevent flooding - a bit like camping in the Lake District really!

Day 2 Warm and wet morning, no views, thickening cloud; climb to 11500 feet. Later, heavy rains and cold. Move from cloud forest to mountain heath, lots of pretty strange vegetation. Cold, wet tents, no camp fires and no alcohol! Ran out of jokes, went to bed early in leaky tent. Very cold, but at least it stops us being dripped on as rain turns to ice; *Continued on page 3...*

Our man in Zambia

After 4 months in Mambwe Zambia, working as a maths teacher for Voluntary Service Overseas, David Swanson sends a short report on his experiences so far.

"The class sizes are about 50 students, but due to the high level of discipline, this does not present much of an obstacle to their learning.

One of my students is 29 years old and finished his grade 9 at age 14 with good results but could not afford the fees to go to grade 10. The first term has now finished and I am making a start on a dining table for the house. Zambia is a beautiful country but its people are in a difficult economic situation.

David would like to remind us that VSO is a charity, its existence entirely dependant upon generosity. Anyone able to offer support please call VSO direct on 0208 780 7300.

A karaoke evening recently held in Sedgefield Social Club raised £600 for the Antony Nolan Trust and the money raised on the evening was doubled by Barclays Bank. The five members of the Social Club displaying the cheque are: *left to right, George and Eileen Wilkinson, Joyce Hewitt, Joyce Davison and the organiser, John Hewitt.*



Sedgefield News - a politics free zone

Some readers may disagree with this decision, but our editorial team was of one mind on this one. Nobody, but NOBODY gets to tout for your vote in Sedgefield News!

Candidate lists and polling station information can be found on page 2. Otherwise, expect a short report on anything unexpected next month, when it's all over!

Fuller information on candidates is on SedgefieldWeb or links from it.

Is your business ready for a website?

SedgefieldWeb offers businesses the chance to have their own presence on the Internet

Raise your business profile, expand your marketplace and bring your products and/or services to the notice of a wider audience

For more information about the range of options, from a single page to a fully-fledged site of your own, contact Tim Randall –
tim@sedgefieldweb.co.uk

Dolls House & Miniatures Fair



Sunday 1st May: 10.30am - 4pm
in Sedgefield Parish Hall
Admission £1.50, Children Free,
Refreshments, Free Parking

Sales of everything for the miniaturist collector plus fascinating displays of completed houses

Pepperpot Dolls Houses

30 The Lane, Sedgefield, Co Durham, Tel 01740 629549
e-mail pepperpot@turnerst1.freeserve.co.uk

Poster Competition

The Teenage Health Clinic at Sedgefield Doctors provides health information, advice and guidance in a 'drop in' setting, specifically for young people.

We would like you to design an eye-catching poster to advertise it.

The winning design will be displayed in school and around Sedgefield and surrounding villages. The poster should be A3 or A4 and include the following information:

The name '**Teenage Health Clinic**'
Opening time - **Mondays 3.30-5pm**

Place - **Sedgefield Doctors Services - provide health information and leaflets**

Help & advice with: **bullying, smoking, alcohol, sexual health & contraception, weight and eating problems, relationships, stress & anxiety, family problems**

Give your finished entries to School Nurse, Michelle MacMurray (Tuesday lunchtime in the room behind the Staff room) or to Ms Jackson in the Art Department or bring them to Sedgefield Doctors.

Prizes so far include

a £10 Co-op voucher and free swimming passes for Spennymoor Leisure Centre but we are hoping that other local businesses will feel they can contribute too.

Contact Nurse Elizabeth Green at the Surgery if you can help

WHERE TO VOTE

Your Polling Stations are:
the Parish Hall for ALL Sedgefield voters

and Mordon Village Hall for Bradbury and Mordon voters

COMING TO SEDGEFIELD

As advertised last month, Sedgefield Learning Borough hopes to arrange an **Interpersonal Skills Course Level 1 (Introduction to Counselling)** course. We have a few names on the waiting list, but we do need more for the course to go ahead. The course aims to develop and improve your practical communication skills, and to explore counselling theories, confidentiality and referral mechanisms. It will run over 12 weeks and will cost £70. If you're interested, please give us a call. We're also taking names for

OCN Basic Computing class – this course is intended for newcomers to computing and will provide a general introduction to the 3 most common applications – word processing, spreadsheets and databases.

The course will run over 15 weeks and will cost £30.

OCN Web Page Design – this course will include accessing the internet and selecting pages from web sites, accessing web page design software, designing a basic web page and preparing to post a web page to a web site.

This course will run over 15 weeks and will cost £30.

Don't forget, if you're claiming a MEANS-TESTED BENEFIT, the course will be FREE, and if you're OVER 60, it will be HALF PRICE.

Sedgefield Learning Borough Drop-in Session

Call in to 58 Front Street from 9.30-12 noon on Thursday 5th and 19th May or Thursday 2nd, 16th and 30th June, to find out about learning courses in your area; tell us what you would like to learn about. You can also...

...get help with writing/updating your CV

...access careers guidance (by appointment only)

...learn how to use a computer (if facilities are available)

For more information contact Maggie or Zoe on 657493

We look forward to seeing you soon.

As we go to print, candidates for the General Election on May 5th are:

Abraham, Berony Anne: Independent

Barker, John (alias John Bradfield): Independent

Blair, Anthony Charles Lynton: Labour Party

Blairout-Gilham, Cherri: Pensioners Party

Brennan, Julian Fraser: Independent

Brown, William John: We Want our Country Back

Browne, Robert Woodthorpe: Liberal Democrats

Cockburn, Jonathan McQueen: The Blair Must Go Party

Farrell, Mark Neville: National Front Britain for the British

John, Helen: Independent

Keys, Reginald Thomas: Independent

Lockwood, Alan John: Conservative Party

Luckhurst-Matthews, Fiona Christina: Veritas

Pattinson, Terence William: Senior Citizens Party

Staniforth, Melodie Elizabeth: The Official Monster Raving Loony Party

In the County Council election, taking place on the same day, the candidates are David **Brown**, Conservative and John **Robinson**, Labour

Continued from page 1...

some insomnia due to high altitude.
Day 3 Beautiful morning clear skies sunny and very warm once the sun has come up. Fantastic views of Kilimanjaro, which looks a bit daunting. The mountain was covered in a dusting of snow as well as the icecaps. Walk from mountain heath to mountain desert; no vegetation at all, just stones and volcanic debris. Fantastic views to Mt Meru, 50 miles to the west.

Mist descends in the afternoon and by now I feel short of breath. Guides advise going slower to acclimatise. Can't believe that the porters can take down the tents, carry all our gear and overtake us to set up camp for the next night as well as providing food for a lunch stop. We both decline offer from the guide to climb up a 600 foot lava tower "just for fun". I'm not really hungry at lunch time and start to feel nauseous, a bad sign. Run out of water in the afternoon. You are meant to drink 5 litres a day but little water up here apart from trickles of muddy water in the streams. Find out afterwards that not drinking enough can bring on altitude sickness! We camp at 14,500 feet on a cold, clear dry night. Go to bed feeling sick not having much appetite for dinner.

Day 4 Awake during the night, short of breath and vomiting. At least I'm sharing a tent with my GP! During the night Peter decides on a second opinion on my welfare. I was feeling bad (I refrain from using stronger language here!) Expedition doctor confirms Pulmonary Oedema, gives me some pills (!!) and advises to sleep sitting up propped up on 2 back packs. Peter informs me later that I had the death rattle – like soldiers in the First World War who

had mustard gas poisoning! It's a long night especially as our guide advises the only way out of current camp is up!!

Day 5 Up at 0600 hours. Can't face breakfast; difficulty walking in a straight line; head a bit fuzzy - the symptoms of Cerebral Oedema according to the experts! The only solution is rapid descent. Offered the option to go down by a rarely used route, avoiding steep climb out of the camping area. We both agree to descend, so with two porters and a guide we set off down a very steep, wet and treacherous route. 11 hours to get down to a dirt track where a 4-wheel drive vehicle waited for us. By then I had recovered, although we were both exhausted and pretty pissed off at having to leave the group.

So we didn't get the mountain, though 8 of the group did. But someone got a bone marrow transplant and the Trust got at least £54,000, and still counting. So thanks for your support, and for anyone who said they'd sponsor us and wishes to pay up...

*Dr Peter R M Jones and
Geoff Hughes*

Job Opportunity

The Prince's Trust Volunteer Business Mentor

*No Salary! No Company Car!
The most rewarding job you'll
never get paid for!*

The Prince's Trust exists to help young people overcome barriers and get their lives working.

The Business Programme helps young people to start their own businesses and as well as start-up finance, the Trust provides each new business with its own Volunteer Business Mentor. So do you have:

- A few hours a month to spare?
- Enthusiasm and motivation?
- Business expertise?
- Good communication skills?
- Patience and a non-judgemental approach?

If you are interested in mentoring in County Durham or the Tees Valley, or if you would like more information please contact;

Georgina Swanson,
Business Support Manager,
on **01642 245400** or email
georgina@princes-trust.org.uk

Celebrating Sixty Years of Peace

Sedgefield Twinning Association is looking forward to welcoming friends from Hamminkeln in on 27th May for the Spring Bank Holiday week, as part of the biennial exchange which has been operating for over 20 years.

23 people are coming this year, in a year which also marks the end of the second world war in Europe - a good time to celebrate the friendships that have been forged between Britain and Germany since that time.

A full week of activities will take place so that our visitors can enjoy our countryside and heritage. We hope to include places of interest such as a visit to see Locomotion, to Crook Hall, Hadrian's Wall, the Dales and other places. We also arrange evening activities in Ceddesfeld Hall - some of you may remember the wonderful evening we had when the male voice choirs and wind band visited us last year.

The visitors will stay with families in the area and I am looking for new hosts this year. If you think you can help I'm sure you would enjoy the experience. You do not have to speak German, and you will meet new friends at the various joint activities. Hosts accompany their guests on the trips out and at the evening functions so you will be part of the whole group, not just left to your own devices.

As I write this I am looking for accommodation for three people, two men who are teachers from the secondary school, (they do not have to be together) and a single lady. If you are interested in participating in this enjoyable experience - or if you would also like to go to Hamminkeln next year, please telephone me - Joyce Jordan - chairperson of the Twinning Association, on 620783, or Sheila Pinder, secretary, on 621730. We'd love to hear from you.

Joyce Jordan

**If you have access to
the Internet you can
read Sedgefield
News in large print at
sedgefieldweb.co.uk
Just Zoom in!**

Community Safety and Health

News from the Sedgefield Neighbourhood Watch Group



Sarah Norman, Wilf & Jeanette Garbutt, with nurse Beverley Lindsay

Neighbourhood Watch Summer Bus Trip

We are to run a bus trip on **July 6th** using the Carelink Coach to **Keswick**

Cost is only £2.00 per seat.

There are a few seats left!
Anyone interested, contact **David Hillerby on 621343**

Brand new Inkjet Cartridges

FREE – surplus to requirements :

- One, HP51625A COL.
- Three, HP51626A BLACK.
- One, HP51606A BLACK.
- One, EPSON FX80/MX80-2273FN Fabric Cassette.

Anyone interested

contact Ken Saiger on 621896

Sedgefield News/NHW Tapes for the Visually Impaired

On April 20th, the Mayor, Jim Wayman accompanied by the mayoress, presented scrolls on behalf of the above to five of the people who read Sedgefield News and S/field Extra. They have been reading for over 2 years, on to audio tapes for the sight impaired residents of Sedgefield.

Peter Robinson, Mrs Dorothy Edmondson, Mrs Sue Harris, Phyllis Hillerby and Doris Webb were the recipients. A letter of thanks was also presented to Jeanette Semmens, who is the latest recruit.

PC Todd reports

A total of £550 was raised by my size 10 feet - so a big thank you to you all.

If you park a vehicle on the High Street you might think it was safe. The owner of a Golf GTi thought so, until someone took a fancy to it and it was stolen. Be aware of the dangers and be sure to lock up when you park.

At about 2pm on Sunday 17th April a disturbing crime occurred in the childrens' play area near the pond. A group of 4 or 5 youths aged around 14 years picked on a 9 year old girl. They threatened her before smashing her portable CD player and stealing the batteries. The little girl was shocked and distressed by their actions. These bullies should not get away with this behaviour. If you have any information, please get in touch with me.

Many thanks. *Keith*

Pub Watch

All licensees were reminded about using plastic glasses outside. Please assist them by asking for plastic glasses if you intend to take your drink outside.

Gift of a printer helps day care patients at Sedgefield Community Hospital

When members of Sedgefield Village Neighbourhood Watch learned that the local Community Hospital Day Care Staff were trying to raise money for a printer to enable their day patients to gain maximum benefit from their latest rehabilitation and learning tools – a new laptop and digital camera, they quickly agreed this was a most worthwhile opportunity to help “neighbours” from their local community. They agreed to donate the printer that was needed.

Long standing members from the Village Neighbourhood Watch volunteers, husband & wife Wilf & Jeannette Garbutt, accompanied by Neighbourhood Watch Area Manager Sarah Norman, handed over the printer to staff nurse Beverley Lindsay.

Beverley's colleague staff nurse Alison Stout explained that for most patients the day care unit at Sedgefield was their only regular outing during the week. However, it is more than just a point of human contact; it is a place where they can feel secure in both a learning as well as a rehabilitation sense. This is why the computer and camera are believed to be a worthy investment, providing physical development through coordination demands, as well as stimulating all the mental challenges demanded of new technology. In a caring and non threatening environment, patients are supported in their challenges with the computer by volunteer carer Mary Redfern, as well as permanent staff members, Beverley, Alison and colleagues.

Tim's one-liners

You can get a Fixed Penalty when you're as young as 10 years old!

Report crime on

0845 6060 365

Youngsters put Health Services in the Hot Seat



Gloria Wills, Jamie Yard and back facing is Joe Donlan, with other members of the school council, after the event.

At a Young People's Health Forum, Sedgefield Primary Care Trust, in partnership with the Sedgefield Community College, gave young people the chance to be involved in planning health services. At the student's request, the format was based on the BBC's Question Time, with a panel of four PCT executives facing an audience of 80 students. On the panel were PCT Chief Executive Nigel Porter, and Chairperson Gloria Wills; Dr Dinah Roy, Chair of Professional Executive Committee and Kathleen Vasey, Senior Nurse.

The young people were concerned about the lack of information about the health services available to young people and the need for more confidential health advice and support in school. There was also a concern for the health needs of older people in the community and a debate about the use of Sedgefield Community Hospital.

The students had spent six months developing and refining their questions through the personal, health and social education and citizenship modules and the event was co-ordinated by the School Council. One of the students said "I definitely got the vibe that they will act on the things we said. We have asked them to come back so they will have to give us good reasons if they have not done anything!"

Health bosses, impressed by a strong and lively debate, are looking at the issues raised, to try to develop services which meet the concerns of young people.

Representatives from Durham County Council Community Support Unit, Youth and Community Services, Sedgefield Patient and Public Involvement Forum, County Durham Service User and Carer Forum also attended.

If you experience a fire or burglary, your documents may have disappeared along with the DVD, TV and the rest. You have probably made computer files of contact addresses, serial/model numbers, a copy of your will and all those online passwords and identifications (the latter cunningly coded). You may have a set on your computer, a back-up floppy disc/CD/DVD/memory stick but then they are all destroyed or at some car-boot sale.

So what do you do? Well, you could e-mail a copy of the files to your trusted child, brother, sister or parent to keep on their hard disc- it is improbable that lightning will strike twice - then just telephone call and you can print them out at the library. One less thing to worry about!

Success in the fight against 'flu

Free 'flu jabs in Sedgefield area have protected 73.4% of our over 65s since the beginning of October – above the national target of 70% for the third year running. A series of local road-shows run by the trust with other agencies over the early part of the winter, helped them to reach more older people and others who might be at risk, to have the jab and avoid becoming ill over the winter months.

Better Access to GPs and Health Care

For the first time in the Sedgefield area, during the last year, 100% of local people were able to see a GP within 48 hours or a relevant health care professional within 24 hours, at their GP surgery. For the past two years, practices in the area have been working with specialist nurses to improve care for patients with coronary heart disease, and since January 2003, the number of CHD patients taking an aspirin a day has almost doubled, to 92%. The same goes for those taking a statin (cholesterol lowering drug) - this has increased from 43% to 85%. 100% of patients who have had a heart attack in the last 12 months are now taking a beta-blocker and those with a recorded blood pressure lower than 150/90 has increased from 66% to 100%. The PCT would like to congratulate the practices on achieving the 100% target.

Safer NHS for patients

Sedgefield PCT is the first NHS organisation in the country to go live with Sentinel - a new reporting system which aims to improve patient safety. Nurses, doctors, and other health care staff have been using the Sentinel system since March 2003, to help identify problems and monitor incidents involving patient safety. They find that it is much easier to use and the reporting of incidents is quicker. Also, the Trust can learn from incidents and take action to ensure that similar things don't happen again.

Going for a Smoke Free environment

County Durham and Darlington will be given a push to go smoke free thanks to the new appointment of Dianne Woodall as Tobacco Control Lead for the local Primary Care .

Dianne started work in March, working on behalf of all PCTs in the area including Sedgefield. Her role will be to develop ways to tackle tobacco control, focusing on raising awareness about the danger of secondhand smoke and the importance of increasing smoke free environments for local people. There are over 5,500 smoking-related deaths each year in the North East, though this statistic hides the hundreds of thousands of people who suffer poor health as a result of active or passive smoking. Dianne hopes to encourage organisations and public places to implement no smoking policies and to provide an environment where smokers who wish to stop smoking can be supported and encouraged.

Football

The Sunday league season is drawing to a close and Sedgefield's various teams are in the process of completing their fixtures. Next month, I'll print a review of the high and low points experienced by all our clubs, including the first substantial update from what is arguably our leading team, St. Edmund's.

Squash

Sedgefield Squash Club's 2004/2005 season is also nearly over. The junior teams have performed very well in the Durham and Cleveland Junior Leagues, with the under 15s team coming third in their age group. Even better, the under 13s took first place in their league, beating all other clubs in the county - congratulations go to Robert Harrison, Ian Wood, Jane Larcombe, Richard Bowker and Matthew Woods, who all represented the club during the season as part of the under 13s squad.

The men's senior teams' season is almost completed, but we are waiting for all fixtures to be updated, so are unable to provide the final positions at present. However, it is set to be a nail biting finish for the 3rd team which finds itself in a promotion position in Division 7 with 8 points to spare. Will the 3rd team make promotion? We will update you in the next edition. The Sedgefield 2nd team has maintained its position in Division 6, though the 1st team has not had quite as successful a season - the club is being a little coy on the details! The ladies' teams still have a number of match results to be sent in, so an update will follow next time.

Once all of the fixtures have been played, the club will hold its annual Presentation Evening - the venue is Ceddesfeld Hall - where winners

and runners up will receive their trophies for competitions run throughout the season. It's been a long wait for some of the team handicap winners to be 'officially' recognised, as they won their competitions in September, along with Individual Handicap winner Grahame Parnaby (and yes there is a connection with Middlesbrough AFC!) who won his title in January. All in all, 2004/2005 has been a great season for Sedgefield Squash Club, as it has seen the interest in both the club and the game expand. A total of 25 new members joined the club, from juniors who are just starting their journey with the sport, through to playing members who have recently moved into the village. This was all achieved despite the 'efforts' of membership secretary Chris Rowsby, who managed to injure new member Jeanette Ives during her "free introductory game" - quite an expensive first game as Jeanette was out of action for several weeks! Of course, Chris apologised profusely to Jeanette and I am pleased to report that she was not deterred.

Finally, congratulations to juniors Emma Larcombe and Emma Rowsby who qualified as Level 1 Squash Coaches this season, and are putting this into practice with coaching sessions for other Juniors in the Club on a Saturday. New members are always welcome. If you are interested, please contact Chris Rowsby on 01740 621125 but be wary if he offers you a game!

Cricket

Get along and support the Cricket Club if you can. Their first few 1st team fixtures of the season are:

- May 2nd Wolviston (home)
- May 7th Richmond (away)
- May 14th Marton (home)
- May 21st Nunthorpe (away)
- May 28th Thornaby (home)
- May 30th Hartlepool (away)

Walking

Yes, that's right, walking is a sport. Just like dancing it fits the bill as far as Sport England is concerned. In fact, as part of a generally healthy lifestyle, walking is a great option. It's easy to get started, you don't need too much equipment, it's not competitive (generally) and you can take part pretty much anywhere. Of course, what makes it an even more attractive proposition in North East England is the fact that we are surrounded by such an abundance of fantastic countryside, whether you want to embark on a challenging hike along the Pennine Way or prefer a gentle stroll around Hardwick Park.

Walking is actually big business these days - and a growing business for this region. In 2003, 100,000 trips were taken by backpackers and serious walkers to this part of the world, bringing in £26 million to the regional economy. That was two years ago and walking as an activity has become even more popular since. The potential for further development is definitely there, especially given the continued roll-out of the Countryside and Rights of Way Act, which is offering more access to open country than ever for outdoor enthusiasts. Sedgefield is surrounded by public rights of way (rumour has it there are 26, but I am sure there is someone out there who can help me confirm the situation) and there are plenty of keen walkers and some walking groups in the area. In fact this region produces some of the best boots too - more next time!

Dance to fitness at Community College

A new School of Dance opened at the Community College by Victoria Brown seems set to contribute to the drive for fitness in our children. Classes for 6-11s and over 11s are already up and running, and soon there should be a chance to start really early at a class for the under 6 age group. Contact the College, or Victoria on 077961 77261 or 01429 870268

Sedgefield Bowling Club

Would you like to join us in a friendly game of Outdoor Bowls? The new season has just started and we are looking for new members at our club based at Harper's Garden Centre, Norton. All are welcome. Please contact Graham Archer on 620840

Wanted – Memories of Sedgefield

You may have read in the Sedgefield Extra that we have been lucky enough to have been awarded £24,000 from the Local Heritage Initiative – a national grant scheme which helps communities care for their local landmarks, traditions and culture – to enable us to restore our village pump and to establish a new Heritage Trail round the village. One condition of the grant is that as many of the community as possible should be involved, and this is where you come in! The Local History Society has undertaken to research the landmarks on the trail and provide historical background, and we need your help! The trail will start at the newly restored Village Pump and will follow to a great extent the route of the Sedgefield District Council “Walkabout” leaflet which many of you will remember. This, however, is in need of updating, and we are sure that many of you know interesting facts about the old buildings, or have memories of buildings which are no longer there. The route will include St Edmund’s church and graveyard, Ceddesfeld Hall and grounds (including the old heated wall), Cross Street and the site of the old Candle Factory and Gasworks, East Parade and the old Town Wall, Front Street and the site of the Almshouses. We will walk a little way along North End then cross over, go through the Hardwick Arms, left along West Park Lane and back along to the pump, taking in Spring Lane and the old Pinfold on the way. An optional extension to the walk would be across to Hardwick Park.

The trail will include a few notice boards and plaques at strategic points, and small brass markers set in the ground to help you find your way. It is hoped that we can produce a user-friendly map, plus a second one especially for children, which is being prepared with the help of local schools. We also hope to produce a leaflet giving an updated history of Sedgefield to go with the map. If you would like to be involved with the planning and production of any of this, you would be more than welcome, as would any residents with memories and tales to share! Please ring Judith Edgoose, secretary of the Local History Society, on Sedgefield 620244.

Meet the Chiropodist



Paul Milburn writes:
I qualified from Durham school of Podiatric Medicine in July 2000 and

set up my own practice in Stockton. I also became the Chiropodist at all but one of the North east BUPA care homes and in some private care and nursing homes.

Now I have a second clinic in development, as well as the new mobile clinic in and around the Sedgefield area.

My special interests are Diabetes (I offer full diabetic screening) and Podogeriatrics - elderly foot care. I offer a host of services for all manner of foot problems and include an oriental foot massage with all of my treatments!

Please check my advert on page 10 for contact details.

More of **Your Letters****Christian Aid Week**15th – 21st May

The arrangements for this year's Christian Aid Week annual house to house collection should be well underway by the time you are reading this edition of Sedgefield News. Once again our dedicated collectors are giving freely of their time to call upon you, and once again we ask you to give as generously as you can.

Christian Aid seeks to support some of the world's poorest people. Most of us have more than we need. Last year we collected just over £3,400 from Sedgefield, Bradbury and Mordon.

It is worth noting that if you are a UK taxpayer, the amount you give can be increased (at no extra cost to you) by simply completing the details on the envelope. Christian Aid can then reclaim the tax.

Remember the counter's prayer – "Please let not all the coins be copper or small." The larger denominations take so much less time to count.

Thank you

David and Margaret Glass

Roof tiling disclaimer

You may have noticed that there is scaffolding back up at Connor Lodge on Durham Road. I should like to make it clear that the firm of builders who did the original work are NOT responsible for the problems being addressed. In fact the tiles supplied originally were faulty and are now being replaced.

M A Fuller

Dedicated volunteers

I would like to bring to your notice that we have two volunteer litter wardens that keep this area and areas around clean of litter.

They do a very good job and I think that they should be recognised.

J E Taylor – a local resident

A word of thanks...

Mrs Jeanne Garbutt, a Sedgefield resident and active member of the local community, recently celebrated a "special" birthday, and used donations from friends and relatives to buy a portable nebuliser, which she kindly presented to Sedgefield Surgery.

The doctors and staff of the practice would like to express their thanks to Mrs Garbutt for this kind gesture. Many patients, local charities and community groups have made donations to the practice over the years, in Sedgefield, Fishburn and the Trimdons, and we would like to take this opportunity to convey our thanks once again to all who have done so.

Such donations are always used to buy new medical equipment or to make improvements to services which directly benefit the patients in the practice. Your continuing support is much appreciated by all.

Louise Ruecroft

Assistant Practice Manager

Dr Jones & Partners

Cooks' Corner
Pineapple Pudding**Ingredients**

- 1 tin of pineapple
- 2 oz caster sugar
- 2 eggs, separated
- 2 oz butter
- 2 oz plain flour
- 1 pint milk
- 1 oz margarine

Method

Place chopped pineapple in a large pie dish
Melt butter in a pan
Stir in the flour gradually and the milk slowly

Beat egg yolks with
1 oz sugar and half the pineapple juice and add this to the milk in the pan.

Boil for 5 minutes, stirring all the time

Pour the mixture over the pineapple

Whip egg whites with the remaining sugar.

Cover the top of the pudding with this mixture and bake until golden brown, approximately 30-45 minutes

(325F/160C/Gas mark 3).

Serve hot or cold

101 Gigs in May

4th Tap And Spile, Guisboro

5th Black Horse, Billing' mGreen

7th Tut & Shive, Bp. Auckland

12th Cleveland Hotel, M'bro

13th The Normanby, Normanby

14th MAG Rally, Treebridge,
Nunthorpe

15th The Station, Redcar

20th Three Tuns, Gateshead
(Nirvana Tribute)

21st The Sun Inn, Newbottle

22nd Black Lion, Sedgefield

28th Dr. Browns, M'bro

Sedgefield Hardwick Primary School PTFA

We are holding a **Choir Concert & Coffee Morning** in the **Methodist Church Hall on Saturday 7th May** from 10 - 11.30am, with cakes, books & plants on sale, and a bran tub and games for the children.

We would like to thank all who participated in the **Easter Bunny Trail**. The winners of the draw were Laura Reynard, Hollie French and Elizabeth Joyce. They each received an Easter Egg. Many thanks to the businesses of Sedgefield who displayed our "bunnies" and to the library staff for selling entry forms on our behalf.

Community College gets to work on Vegetable Box Scheme



Hard at work in the vegetable patch

As a Specialist Sports College, part of our ethos is focussed on healthy living and how to take steps to prevent poor health.

We recognise that this includes encouraging physical activity, healthy eating and generally a healthy lifestyle.

Some of our students (from all age ranges) identified that some people living in local villages, find it difficult to get access to reasonably priced healthy food, particularly vegetables (for example some families, older people and disabled people may not have access to a car).

Working with a Teaching Assistant and Teacher, the students decided that they could grow vegetables and start a box scheme, delivering to people with these access problems. They hope to start this summer, and progress is good. So far a Poly Tunnel acquired from Sedgefield Borough Council (from a nursery closure) is in the process of being set up, and seeds have been planted in our greenhouse.

This all ties in with the drive for '5 portions of fruit and veg a day' as well as forming part of the students' Enterprise Course. Funding for the project is being raised by the students and staff involved.

The students, who all have special needs (learning or behavioural), will not all be from Sedgefield Community College. Some will come from other local schools.

If you would like more information, please contact me:

Lynne Ackland, Headteacher, Sedgefield Community College,
telephone 625300, e-mail: l.ackland100@durhamlea.org.uk

Can you help?

Sedgefield Hardwick Primary School and Sedgefield Primary School are collecting Tesco and Sainsbury's tokens for schools and also tokens from Nestle cereal and Persil boxes, which can be exchanged for computers, sports equipment, books and art and craft materials. We hope to have collection boxes in the village soon but in the meantime please pass on your tokens to anyone connected with the schools.

National award for local Day Nursery

Cherry Tree Children's Nursery in Sedgefield has achieved Quality Counts, the Investors in children endorsed accreditation scheme of the National Day Nurseries Association (NDNA). Quality Counts is the leading quality assurance scheme specifically designed for group day care. The Quality Counts scheme is designed to develop, encourage and maintain high standards of early education and care. Cherry Tree Children's Nursery has passed the assessment to receive the kite-mark, which is an indicator to parents and carers of quality over and above the National Standards.

Nursery Manager, Claire Ogilvie said 'We are extremely delighted to have achieved Quality Counts. We strive to provide the highest quality of care, in a warm, caring and stimulating environment. All of our staff are committed to do so.'

Claire can be contacted on 620095.

Our sincere apologies to anyone whose copy of Sedgefield News was late last month. Our volunteers do their very best to get them out, but just like the rest of us, they can be subject to 'events'!

May DIARY

Announcements on this page are free to non-commercial organisations

Sedgefield & District Round Table

Every 1st, 3rd and 5th Thursday of the month
Sporting, social and charitable events
New members welcome
Contact Rob on 629079 for details

Sedgefield Racecourse:	1st race	Last
Monday 2nd May (Bank Holiday)	2.20 pm	5.00 pm
Wednesday 18th May (Evening)	6.15 pm	8.45 pm
Tuesday 24th May (Evening)	6.10 pm	8.40 pm
Monday 25th July	2.30 p.m	5.00 pm

Golden Challenge

Monday 2nd May

Starts at 2pm in Ceddesfeld Hall
£5 per team (4 persons or fewer)
A treasure hunt with a golden prize!
All profits to the Anthony Nolan Bone Marrow Appeal
For entry forms, phone 620042

Civic Trust AGM

Thursday 12th May
Fletcher Room, Parish Hall

Sedgefield Wildlife Group

Thursday 19th May
Meet 7pm, Parish Hall Car Park
Guided Walk round Salthome
the new **RSPB International Nature Reserve** -
with Kevin Bayes
Contact 620811 for details

Brass Band Concert

Monday 9th May
at 7.30pm in
St Edmund's Church with
Tees Valley Youth Brass Band
Further details 629070
Tickets £5 (£4 concessions)

Wynyard Planetarium

Friday 20th May at 7.30pm
"Is there life out there?"
Adults £3/Concs £1.50
Unlimited family ticket £6
Best to book seats – ring
John McCue 630544

Sedgefield Garden Society NB PROGRAMME CHANGE

Tuesday 3rd May
7.30pm in Ceddesfeld Hall
a talk by Ian Lacey
Lawn Care
Tuesday 7th June
Visit to Westwinds
Perennial Nurseries
Details TBA at May meeting

Town Councillor Surgery

Monday 9th May
6.30 - 7 pm; Council Offices

Local History Society

Monday 9th May
Lee White, Asst County
Archaeologist
Romans in County Durham -
Putting Sedgefield into context
Further details on 620244
Everyone welcome

Medieval Fayre

Saturday 21st May
Collections from Sunday 15th to
Thursday 19th May
Bric a brac, tinned food, items
for tombola/bottle stalls, etc. (*No
clothing please*)
If our collectors miss you or if
you are able to help in any way
with the Fayre,
please ring 620042

Sedgefield W.I.

Wednesday 4th May
7.15pm Parish Hall
AGM and Resolutions
Competition for Members
A Pretty Handkerchief
Visitors welcome - £1.50

Family History Group

Monday 16th May
7.45pm in the Parish Hall
(note change of venue)
"A Passionate Celibacy" the
story in letters of an Edwardian
Courtship, with Wendy Acres
This meeting will be followed by
the AGM of the Cleveland, North
Yorkshire & South Durham
Family History Society
New members always welcome!

Positive Youth Project Film Night

Friday 27th May in the
Parish Hall at 6.30pm
Family Film
to be confirmed later
All ages welcome, under eights
must be accompanied by an adult
and **Saturday 28th May**
in Mordon Village Hall

May Queen Disco

Saturday 7th May from 7-9pm
in Ceddesfeld Hall
The Medieval Fayre Flower
Queen & her attendants
will be chosen from local girls
aged 11 or under

Ferryhill, Sedgefield & District Flower Club

Tuesday 17th May
7.30pm in Sedgefield Parish Hall
"Dancing with Flowers"
with Lynda Fraser –
NE Area Demonstrator
Everyone Welcome

Country Market

Fridays in Parish Hall
9.30-11am
Home baking, eggs, garden pro-
duce, crafts. *Tea & Coffee served*

Sedgefield Farmers' Market

Behind Hope Inn
Sunday 8th May
9.30am - 1.30pm
Please contact Bob Harris on
07977 231815 for details

Your Letters

One issue dominates the letters this month, and it seemed fair on this occasion to allow both parties to state their case in full.

Letters on other topics can be found on page 8

Dear Residents of Sedgefield,

The Manor Born Garden Party August 2004

On behalf of the Racecourse I would like to formally apologise for the offence that the 'Manor Born Garden Party' created when staged at the Racecourse back in August 2004 and indeed for the subsequent confusion surrounding the Racecourse's application for a Public Entertainment Licence recently.

In our defence, we like to point out that we did everything 'by the book' in preparing for the event. We had formed a Safety Advisory Group in advance of the date to ensure that the event was run safely and in compliance with all relevant legislation. We had also provided sound tests to the Environmental Health department of Sedgefield District Council, who were happy with both the pre-testing and indeed the sound levels on the evening during the event. I believe that on the night, sound levels were at one point reduced following several complaints.

Furthermore, I would also like to point out that there were many people from the village of Sedgefield who benefited from the event, either through attending the event themselves or indeed through the additional tourist business that bringing 4000 people to Sedgefield will have brought.

However, obviously the sound levels on the evening did not meet the approval of those who complained about the noise and I do sincerely apologise for this. I can also assure you that the Racecourse is not planning to stage the event again this year as an alternative venue in Sedgefield has been found by the promoters of the event.

On behalf of the Racecourse, I would also like to apologise for the misunderstanding created by our recent application for a Public Entertainment Licence (PEL). This application which has been withdrawn, would have allowed for a maximum of 4000 people to attend the Racecourse for various functions. However, due to an administrative error in the Office, we had only ever intended to renew the P.E.L. that we have for the Pavilion Grandstand, which has a capacity of 250 people, indoors.

I am sure that you will realise that we are a business whose core product, which brings tourist business and employment to Sedgefield, can be purchased on only 19 days each year, several of which are lost to the weather. We do therefore need to ensure that we continue to let the Racecourse facilities on the days that we are not racing, if we are to survive as a business. The licence for the Pavilion Grandstand will allow us to hold weddings, birthday parties and other events on non-racedays.

Once again we would like to apologise for any misunderstanding and inconvenience created by the Garden Party and recent application for an Entertainment Licence.

Yours sincerely

Jim Allen, General Manager, SEDGEFIELD RACECOURSE

Excessive Noise from the Racecourse

A huge thank you to over 200 residents who recently submitted forms objecting to future outdoor concerts, at the racecourse, until 2 o'clock in the morning.

The management of Sedgefield Racecourse have now withdrawn their outdoor application in favour of an "indoors only" music licence.

This incident has highlighted a number of shortcomings in the licensing procedure, one of which is poor communications. The "Residents' Forum", introduced by Sedgefield Town Council, is an appropriate channel of communication and the Town Clerk has kindly agreed to send important information about planning and licensing applications, via email, to those residents who supply their email addresses to

residents.forum@sedgefield.net All residents are invited to take an active interest in what is going on in the village, and help to shape it both for now and for future generations. Sedgefield is your home; have your say in how it is run. Please join the Residents' Forum either electronically or in person.

Monthly meetings are held the third Monday of each month in the Fletcher Room of the Parish Hall at 7pm.

Fellow Resident

(Name and address supplied)

**Happy 3rd Anniversary Sedgefield News
Keep up the good work!
Congratulations from the Hillerbys**

Sedgefield News is grateful for the support of the Community Empowerment Fund & the County Durham Foundation. Sedgefield Development Partnership is a member of the Development Trusts Association.



**Copy for the June issue by May 15th to 58
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